

## RSHE Overview - Autumn

	Journey in Love	PSHE	C&S Family/ Belonging/ Loving	Science
EYFS	Social & Emotional: recognise the joy of being a special person in my family		Myself, Welcome, Birthday	Myself
Y1	Social & Emotional: recognise signs that I am loved in my family	What is the same and different about us? Who is special to us?	Families, Belonging, Waiting	Animals inc humans (senses)
Y2	Social & Emotional: recognise the joy and friendship of belonging to a diverse community	What makes a good friend? What is bullying?	Beginnings, Signs & Symbols, Preparations	
Y3	Social & Emotional: describe and give reasons how friendships make us feel happy and safe	How can we be a good friend? What keeps us safe?	Homes, Promises, Visitors	Animals inc humans
Y4	Social & Emotional: describe how we all should be accepted and respected	What strengths, skills and interests do we have? How do we treat each other with respect?	People, Called, Gift	
Y5	Social & Emotional: show knowledge and understanding of emotional relationship changes as we grow and develop	What makes up a person's identity? What decisions can people make with money?	Ourselves, Life Choices, Hope	
Y6	Social & Emotional: develop a secure understanding of what stable, caring relationships, which may be of different types, are at the heart of happy families	How can we keep healthy as we grow?	Loving, Vocation & Commitment, Expectations	Evolution and inheritance

## RSHE Overview - Spring

	Journey in Love	PSHE	C&S Community/ Relating/ Giving	Science
EYFS	Spiritual: celebrate the joy of being a special person in God's family		Celebrating, Gathering, Growing	
Y1	Spiritual: celebrate ways that God loves and cares for us	What helps us stay healthy? What can we do with money?	Special People, Meals, Change	
Y2	Physical: describe ways of being safe in communities	What jobs do people do? What helps us to stay safe?	Books, Thanksgiving, Opportunities	
Y3	Physical: describe and give reasons why friendships breakdown; how they can be repaired and strengthened	What are families like? What makes a community?	Journeys, Listening & Sharing, Giving All	Animals inc humans (growing up)
Y4	Physical: describe how we should treat others making links with the diverse modern society we live in	How can we manage our feelings? How will we grow and change?	Community, Giving & Receiving, Self-discipline	Animals inc humans (digestion)
Y5	Spiritual: celebrate the joy of growing physically and spiritually	How can we help in an accident or emergency? How can friends communicate safely?	Mission, Memorial Sacrifice, Sacrifice	Animals inc humans
Y6	Spiritual: show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships	How can the media influence people?	Sources, Unity, Death & New Life	Animals inc humans

## RSHE Overview - Summer

	Journey in Love	PSHE	C&S Serving/ Inter-relating/ World	Science
EYFS	Physical: recognise we are all different and unique		Good News, Friends, Our World	The world
Y1	Physical: recognise how I am cared for and kept safe in my family	Who helps to keep us safe? How can we look after each other and the world?	Holidays & Holydays, Being Sorry, Neighbours	
Y2	Spiritual: celebrate ways of meeting God in our communities	What helps us grow and stay healthy? How do we recognise our feelings?	Spread the Word, Rules, Treasures	Animals inc humans (take care)
Y3	Spiritual: celebrate the joy and happiness of living in friendship with God and others	Why should we eat well and look after our teeth? Why should we keep active and sleep well?	Energy, Choices, Special Places	
Y4	Spiritual: celebrate the uniqueness and innate beauty of each of us	How can our choices make a difference to others and the environment? How can we manage risk in different places?	New Life, Building Bridges, God's People	Animals inc humans (who am I?)
Y5	Physical: show knowledge and understanding of the physical changes in puberty	How can drugs common to everyday life affect health? What jobs would we like?	Transformation, Freedom & Responsibility, Stewardship	
Y6	Physical: explain how human life is conceived	What will change as we become more independent? How do friendships change as we grow?	Witnesses, Healing, Common Good	