

RSHE Overview - Autumn

The new RED Curriculum, “To Know You More Clearly” is being taught across EYFS, KS1 and Y3. Currently Y4- Y6 are following “Come & See”.

Pol Ed lessons will be taught additionally to compliment children’s needs eg ‘Wellbeing’

	Journey in Love	PSHE & <u>Pol Ed</u>	All Are Welcome	To know you more clearly/ C&S Family/ Belonging/ Loving
EYFS	Social & Emotional: recognise the joy of being a special person in my family		<p style="text-align: center;">The Family Book- Todd Parr Families and people who care for me: I know what a family is/ I know what families can look like/ I know all families are different</p> <p style="text-align: center;">You Choose! Nick Sharatt & Pippa Go Respectful Relationships: I can make my own decisions/ I can tell you things I like/ I can tell you things I don't like/ I can ask others what they think</p>	<p style="text-align: center;">BRANCH ONE: CREATION AND COVENANT</p> <p style="text-align: center;">BRANCH TWO PROPHECY AND PROMISE</p>
Y1	Social & Emotional: recognise signs that I am loved in my family	<p style="text-align: center;">What is the same and different about us? Who is special to us?</p>	<p style="text-align: center;">Elmer- David McKee Respectful Relationships: I know ways we are different/ I know how to welcome people</p> <p style="text-align: center;">Bathe the Cat- Alice B McGinty and David Roberts Families and people who care for me: I know all houses get messy/ I know families can work together to clean the house/ I can work as a team and solve a messy problem</p>	
Y2	Social & Emotional: recognise the joy and friendship of belonging to a diverse community	<p style="text-align: center;">What makes a good friend? What is bullying?</p>	<p style="text-align: center;">Can I Join Your Club?- John Kelly and Steph Leberis Caring Friendships: I have friends who are different to me/ I don't leave people out</p> <p style="text-align: center;">Amazing- Steve Antony Caring friendships: I know what a friend is/ I know how to be a good friend</p>	
Y3	Social & Emotional: describe and give reasons how friendships make us feel happy and safe	<p style="text-align: center;">How can we be a good friend? What keeps us safe?</p> <p style="text-align: center;"><u>Nov: Anti- Bullying Week KS2</u> <u>Bonfire Night & Firework Safety</u> https://www.pol-ed.co.uk/assemblies/stages/primary</p>	<p style="text-align: center;">This is Our House- Michael Rosen Caring friendships: I know what discrimination is/ I can recognise discrimination/ I know how to make sure discrimination doesn't happen in my class</p> <p style="text-align: center;">Shu Lin's Grandpa- Matt Goodfellow and Yu Rong Caring friendships: I know we were all new in class once/ I can remember how it feels when you don't know anyone/ I can show empathy</p>	

Y4	Social & Emotional: describe how we all should be accepted and respected	<p>What strengths, skills and interests do we have? How do we treat each other with respect?</p> <p><u>Nov: Anti- Bullying Week KS2 Bonfire Night & Firework Safety</u> https://www.pol-ed.co.uk/assemblies/stages/primary</p>	<p>Red: A Crayon's Story- Michael Hall Caring friendships: I know sometimes people change/ I know what judgement is/ I know how to be non- judgemental</p> <p>My Brother George- Kelly and Zoe Allen Caring friendships: I know we are all different/ I know what judgement is/ I know I can choose how to respond in a situation/ I know how my language can affect others</p>	C&S- People, Called, Gift
Y5	Social & Emotional: show knowledge and understanding of emotional relationship changes as we grow and develop	<p>What makes up a person's identity? What decisions can people make with money?</p> <p><u>Nov: Anti- Bullying Week KS2 Bonfire Night & Firework Safety</u> https://www.pol-ed.co.uk/assemblies/stages/primary</p>	<p>The Girls- Lauren Ace and Jenny Lovlie Caring friendships: I know what a good friend is/ I know how important friendship is/ I know sometimes friendship can go wrong/ I value people around me</p> <p>Milo Imagines the World- Matt de la Pena and Christian Robinson Respectful relationships: I know appearances can deceive/ I know it's hard not to judge someone on their appearance/ I know what non- judgemental means/ I know I can try to remain non- judgemental</p>	C&S- Loving, Vocation & Commitment, Expectations
Y6	Social & Emotional: develop a secure understanding of what stable, caring relationships, which may be of different types, are at the heart of happy families	<p>How can we keep healthy as we grow?</p> <p><u>Nov: Anti- Bullying Week KS2 Bonfire Night & Firework Safety</u> https://www.pol-ed.co.uk/assemblies/stages/primary</p>	<p>The Proudest Blue- Ibtihaj Muhammed and S.K Ali Caring friendships: I know how people in my community are different/ I can show respect to people different to me</p> <p>The Island- Armin Greder Respectful relationships: I know what prejudice is/ I can recognise prejudice/ I know what can happen if prejudice is not challenged/ I know ways I can challenge prejudice</p> <p>You Need to Chill- Juno Dawson Caring friendships: I know we are all different/ I know what judgement is/ I can choose to respond in a judgemental or non- judgemental way</p>	

RSHE Overview - Spring

	Journey in Love	PSHE	All Are Welcome	To know you more clearly/ C&S Community/ Relating/ Giving
EYFS	Spiritual: celebrate the joy of being a special person in God's family		<p>Super Duper You- Sophie Henn Respectful Relationships: I know there are lots of things about me/ I know my feelings can change/ I know I am growing up and I can change</p> <p>Red Rockets and Rainbow Jelly- Sue Heap & Nick Sharatt Respectful Relationships: I know my friends can like different things to me/ I know we can still be friends</p>	<p>BRANCH 3 DESERT TO GARDEN</p> <p>BRANCH 4 GALILEE TO JERUSALEM</p>
Y1	Spiritual: celebrate ways that God loves and cares for us	<p>What helps us stay healthy? What can we do with money?</p>	<p>I Love Me- Marvyn Harrison and Diane Ewen Respectful Relationships: I know I am different/ I can tell you how I am different/ I can tell you what is great about me</p> <p>Going to the Volcano- Andy Stanton Caring Friendships: I know how it feels to join in/ I know how it feels to be left out/ I can let people join my games</p>	
Y2	Physical: describe ways of being safe in communities	<p>What jobs do people do? What helps us to stay safe?</p>	<p>How to be a Lion- Ed Vere Caring Friendships: I know we are all different/ I know sometimes people want you to change/ I know what confidence is/ I know how to help</p> <p>Is That Your Mama?- Patrice Lawrence and Diane Ewan Families and people who care for me: I know what a family is/ I know families look different/ I can tell you about</p>	
Y3	Physical: describe and give reasons why friendships breakdown; how they can be repaired and strengthened	<p>What are families like? What makes a community?</p> <p>1st- 7th Feb Children's MH Week 10th Feb Safer Internet Day https://www.pol-ed.co.uk/assemblies/stages/primary</p>	<p>The Truth About Old People- Elina Ellis Respectful relationships: I know what a stereotype is/ I can recognise a stereotype/ I can challenge stereotypes</p> <p>We're All Wonders- RJ Palacio Respectful relationships: I know we are all different/ I know sometimes people try to fit in/ I know why people sometimes try to fit in/ I can recognise my differences/ I am proud of my differences</p>	

Y4	Physical: describe how we should treat others making links with the diverse modern society we live in	How can we manage our feelings? How will we grow and change?	<p>Julian is a Mermaid- Jessica Love Respectful relationships: I know people can choose what to wear/ I know people in my community wear different things/ I can be accepting of differences</p> <p>Remixed- Arree Chung Families and people who care for me: I know how families can change/ I know change can be hard to manage/ I understand changes are often out of my control</p>	Community, Giving & Receiving, Self-discipline
Y5	Spiritual: celebrate the joy of growing physically and spiritually	How can we help in an accident or emergency? How can friends communicate safely?	<p>My Shadow is Pink- Scott Stuart Respectful relationships: I know we are all different/ I know some people hide who they really are/ I know what self- acceptance is/ I know how to help someone be proud of who they are</p> <p>The Boys- Lauren Ace and Jenny Lovlie Caring friendships: I know how to work as a team/ I know how mental health can be affected by friendship/ I know how to make someone feel valued</p>	Sources, Unity, Death & New Life
Y6	Spiritual: show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships	How can the media influence people?	<p>Introducing Teddy- Jessica Walton Respectful relationships: I know we all change as we grow older/ I know sometimes people can hide the person they really are/ I know how to make sure my friends trust me</p> <p>Saving the Butterfly- Helen Cooper and Gill Smith Respectful relationships: I know people have different experiences that can affect their behaviour/ I know how to give someone space when they need it/ I know sometimes people need time to be okay/ I can give someone space and time if they need it</p>	

RSHE Overview - Summer

	Journey in Love	PSHE	All Are Welcome	To know you more clearly/ C&S Serving/ Inter-relating/ World
EYFS	Physical: recognise we are all different and unique		<p>Hello hello- Brendan Wenzel Caring friendships: I know in my class we are not all the same/ I know we are all different/ I know I can make friends with different people/ I know how to make friends</p> <p>Blue Chameleon- Emily Gravett Caring friendships: I know everyone is different in my class/ I can make friends with anyone</p>	<p>BRANCH 5 TO THE ENDS OF THE EARTH</p> <p>BRANCH 6 DIALOGUE AND ENCOUNTER</p>
Y1	Physical: recognise how I am cared for and kept safe in my family	Who helps to keep us safe? How can we look after each other and the world?	<p>Errol's Garden- Gillian Hibbs Respectful Relationships: I know I can ask for help if I need it/ I know how to ask for help/ I know how to respond if someone asks for help</p> <p>The Boy Who Loved Everyone- Jane Porter and Maisie Paradise Shearring Respectful Relationships: I know we all have feelings/ I can choose when to share my feelings/ I can choose how to share my feelings</p>	
Y2	Spiritual: celebrate ways of meeting God in our communities	What helps us grow and stay healthy? How do we recognise our feelings?	<p>Splash- Claire Cashmore Respectful Relationships: The importance of self- respect and how this links to their own happiness</p> <p>The Perfect Fit- Naomi Jones and James Jones Caring friendships: I know how it feels to join a game/ I know how it feels to be left out of a game/ I can think of ways to make sure everyone can join in</p>	
Y3	Spiritual: celebrate the joy and happiness of living in friendship with God and others	Why should we eat well and look after our teeth? Why should we keep active and sleep well?	<p>Aalfred and Aalbert- Morag Hood Respectful relationships: I know there are more things that we have in common than divide us</p> <p>I Am Nefertiti- Annemarie Anang and Natelle Quek Respectful relationships: I know everyone has a name/ I know why names are important/ I know why I don't get to decide what to call you</p>	

Y4	Spiritual: celebrate the uniqueness and innate beauty of each of us	How can our choices make a difference to others and the environment? How can we manage risk in different places?	<p>My Beautiful Voice- Joseph Coelho and Allison Colpoys Respectful relationships: I know I have a voice/ I can choose to use my voice to add my ideas/ I know sometimes it feels hard to speak out/ I can find ways to speak up when I am nervous</p> <p>When Sadness Comes to Call- Eva Eland Caring friendships: I know what mental health is/ I can recognise when I am feeling sad or unhappy/ I have strategies to make myself feel better</p>	New Life, Building Bridges, God's People
Y5	Physical: show knowledge and understanding of the physical changes in puberty	How can drugs common to everyday life affect health? What jobs would we like?	<p>And Tango Makes Three- Justin Richardson and Peter Parnell Respectful relationships: I know there are different ideas about equality around the world/ I can listen to ideas and respond/ I can show respect when I disagree/ I know it's okay to disagree</p> <p>Mixed- Arree Chung Families and people who care for me: I can recognise racism when I see it/ I know how to challenge racist ideas</p>	Witnesses, Healing, Common Good
Y6	Physical: explain how human life is conceived	What will change as we become more independent? How do friendships change as we grow?	<p>You're So Amazing- James and Lucy Catchpole Respectful relationships: I know there are often judgemental attitudes in society about disability/ I can work to breakdown those attitudes</p> <p>A Day in the Life of Marlon Bundo- Marlon Bundo and Jill Twiss Respectful relationships: I know what democracy is/ I know how democracy fits into British Values/ I know we live in democracy/ I know how laws can change</p>	