



EYFS Curriculum - Progression Map
PSED: Managing Self



Classes	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
2 year olds	Children will manage the transition from carer to key person	Children will respond to their name	Children will show a greater independence in their decisions.	Children will begin to show a preference for things they like and dislike.	Children will know what a toothbrush and toothpaste is.	Children will begin to show control in waiting for their turn.
Nursery	Children will begin to follow daily routines.	Children will know how to wash and dry their hands.	Children will understand that rules keep us safe.	Children will know how to use the toilet independently. Children will know examples of healthy food.	Children will know they have to brush their teeth every day.	Children will remember classroom rules independently.
Reception	Children will know and join in with our daily routines. Children will know our carpet rules.	Children will manage their own basic hygiene needs. Children will begin to show greater independence with dressing themselves.	Children will know how to be a safe pedestrian and why this is important.	Children will know different ways to look after their bodies, including sleep, food, water intake and screen time.	Children will know how regular teeth brushing is important for their health.	Children will show greater independence, resilience and perseverance.
Links to Y1	Children will know the school rules.	Children will know ways to help look after their special people.	Children will understand the importance of a safe and healthy lifestyle.	Children will know how to make good choices.	Children will recognise that Dentists are part of our community.	Children will be able to follow school rules.